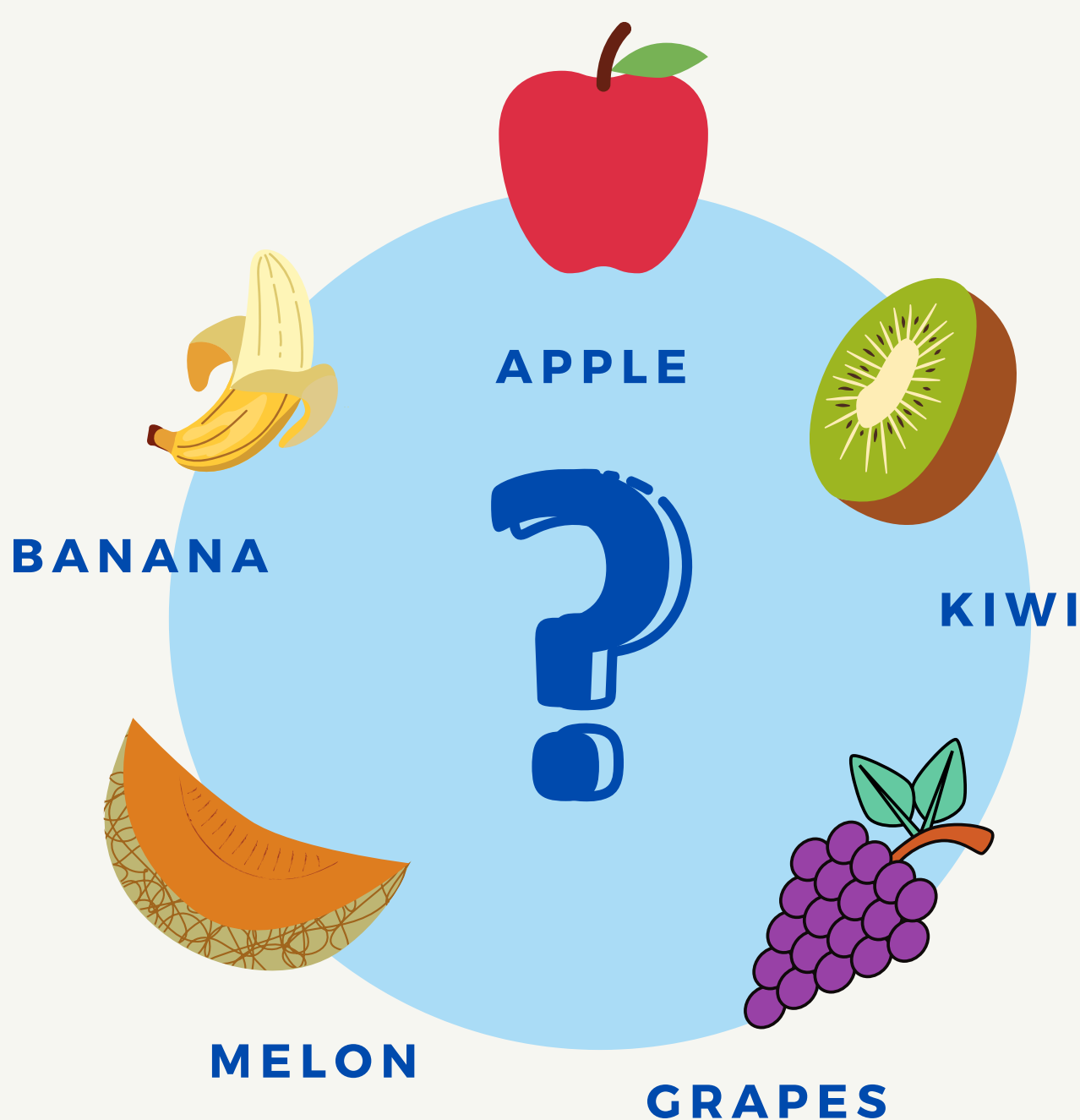


SPRINT PROJECT TIPS FOR GROUNDING

CATEGORIES GAME

Pick a category and name as many things as you can in that category. If you are with other people, you can take it in turns to name something.



THE CATEGORY IS **FRUIT**. HOW MANY
CAN YOU NAME?

[SPRINTPROJECT.ORG/TOOLKIT](https://sprintproject.org/toolkit)

#MSTTOOLKIT #MST4LIFE